

amiquébec

Allié.e.s en santé mentale
Allies in mental health

Mission:

AMI-Quebec, a grassroots not-for-profit organization, is committed to helping carers manage the effects of mental illness through support, education, guidance and advocacy. By promoting understanding, we work to dispel the stigma still surrounding mental illness, thereby helping to create communities that offer new hope for meaningful lives.

AMI-Quebec Allies in Mental Health is a non-profit organization that helps families manage the effects of mental illness through support, education, guidance, and advocacy.

Contact Information for Organization:

Address: 5800 Decarie Boulevard,

Phone: 514-486-1448

Email: youngcarers@amiquebec.org

Social Media: @AMIQUEbec on all platforms

Website: <https://amiquebec.org/>

Facebook: <https://www.facebook.com/AMIQUEbec>

Instagram: <https://www.instagram.com/amiquebec/>

Twitter: <https://twitter.com/AMIQUEbec>

YouTube: <https://www.youtube.com/@ami-quebec4416>

Blog URL: <https://amiquebec.org/blog/>

Kare Magazine: <https://amiquebec.org/kare/>

Programs and Support: <https://amiquebec.org/programs/>

Resources: Young Carers Toolkits page:

<https://amiquebec.org/youngcarerstoolkits/>